

Practice Name: Quantum NeuroCare
Insurance Accepted: None

Specialty: Neurofeedback; Biofeedback for the Brain

Effective for disorders of the Brain/Mind: Including but not limited to: ADD, Anxiety, PTSD, OCD, Insomnia/Sleep Disorder, Learning Disabilities, Depression, Peak Performance, Panic Disorder, Substance Abuse

Neurofeedback is a specialized form of biofeedback that works specifically to address challenges to optimal brain functioning. A live time eeg is obtained through three sensors placed on the scalp to measure voltages and brain wave activity and this information is given back to the client as feedback, which is here given as brief interruptions in the music playing. This feedback helps to learn new ways of effortless self-regulation, thus permanently changing perception and behavior. Recent advances in computer technology have made this technique possible, which is quite different than conventional neurofeedback, which 'entrains' your brain waves to levels set by the practitioner. Here we mirror the brain back to itself, and the deepest unerring healing mechanisms in the central nervous system are activated and put to use.

Comfortable, safe and risk free, neurofeedback can help improve brain fitness for both children and adults, increasing one's flexibility, resilience and ability to meet the challenges of life with greater ease. Changes are often seamless and symptomatic behavior dissipates as the brain learns new and more efficient habits.

Following the model of physical education, neurofeedback is a direct training of the brain using a 'dose' of its own brain wave pattern. Nothing is introduced from the outside. The pattern of brain wave activity is taken from the client's own realtime brain wave pattern. It is more a method of self awareness for the brain itself which enables the brain, an information processing organ, to quickly respond to the feedback/information, learn new patterns of ease and begin shifting towards the most efficient and advantageous functioning possible.

Because this is considered an experimental method by the insurance companies, no insurance coverage is currently available. We are happy to offer the first session at no cost during this introductory period.